

# Supervision: what's the point?

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# The heart of Supervision is...

- To protect
- To enable
- To empower

# To protect

- To be protective of ourselves
- To be protective of our supervisees
- To be protective of their clients
- To be protective of the profession

# To enable

- Be supportive of supervisees in training or on placements
- Encourage an ongoing skills growth
- Support the presence of ethics in both training and practice
- Support the presence of EDI in both training and practice

# To empower

- Remove the restraints and support supervisees to have an evolving practice
- Support supervisees to have the career they aspire to
- Support supervisees to work inclusively
- Ensure we aren't forgotten and allow our practice to evolve on all strands.

# Thing we need to make decisions on

- How to provide supervision
- How to monitor our changing relationships
- How we need to adapt to the supervisees changing needs and growing competence
- How to make them real for us both
- What skills do we need to be good supervisors

# An ever changing supervisory relationship

- Change has a permanent presence.
- Fuelled by our growth as a supervisor
- Fuelled by our supervisee's growth as a practitioner
- Does the relationship have a shelf life?

# The supervisor we want to be

- Do we need to be qualified?
- Do we need to gain accreditation?
- Do we need to work differently with supervisees in different clinical settings?
- How do we keep an eye on how the relationship is changing?



# The supervisees we want to work with

- How do we find those we'd like to work with?
- Do we want to be open to all practitioners?
- Do we need a theoretical resonance with how they work?
- do we need to have clinical experience in the setting where they work?